VOLUME 3 SEPTEMBER 2021

# **Aging Brain Cohort News**

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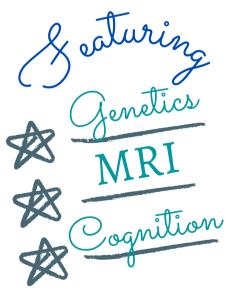
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The Aging Brain Cohort is back on UofSC campus and continues collecting data for the repository on brain health across the lifespan. We have lots of data that will be shared at upcoming conferences and in future publications regarding the initial ABC data and the study on the impact of COVID-19. If you have participated in our ABC study recently, we will be



sending your results out shortly!

ABC is Enrolling!
Participate
Today!

AGBGC

https//abc.sc.edu

## **Collaborator Highlight**



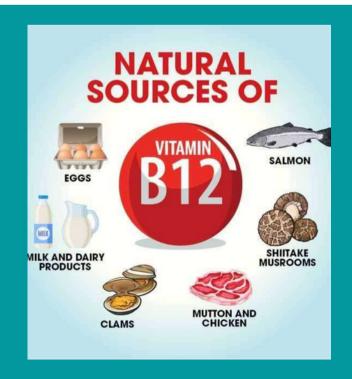
Roozbeh Behroozmand, Ph.D., is an Associate Professor of Communication Disorders (COMD) and the Director of the Speech Neuroscience Lab in the Arnold School of Public Health at the University of South Carolina. With a background in Biomedical Engineering and Neuroscience, Dr. Behroozmand's research is focused on investigating the neural bases of speech production and motor control in the human brain. This research has significant overlap with the UofSC Aging Brain Cohort project (ABC@UofSC) led by Dr. Julius Fridriksson, a close collaborator in the COMD Department.

The goal of this collaborative effort is to use electrophysiology (EEG), and functional neuroimaging (fMRI) to study sensory-motor mechanisms of speech in healthy individuals and patients with neurological disorders. The ultimate goal of this research is to gain knowledge that can be translated into the development of novel diagnosis and clinical treatment methods to enhance speech communication and improve quality of life in patients with speech disorders.

### **Educational Corner**

While some cognitive loss is irreversible, emerging evidences suggest that certain aspects of brain health are reversible. Medications, trauma, depression and thyroid problems (linked to blood sugar levels) can impact performance on memory and attentional tasks.

The ABC study collects blood from all participants to evaluate the role of some of these factors in cognitive performance. Our blood panel includes evaluating vitamin B-12 levels, which helps maintain healthy nerve cells and red blood cells. A vitamin B-12 deficiency — common in older adults — can cause memory problems.



## **ABC TEAM MEMBERS**

## **PhD Students**

Similar to the collaborators of ABC that cross a variety of research disciplines, the doctoral students that work with the Aging Brain Cohort also come from different fields of expertise.



Samaneh Nemati

Communication

Sciences and Disorders

N



i Experimental
Psychology
Nicholas Riccardi



Makayla Gibson
Experimental
Psychology



Linguistics

Sarah Wilson

Sam is a doctoral student in the Communication
Sciences and Disorders Program at UofSC and helps the ABC team with collection and analysis of EEG/rfMRI data. She joined the Aphasia Lab and ABC team as a Research Associate and then continued working with them as a PhD student since Fall 2020.

Nick uses neuroimaging and brain stimulation to study how the brain is able to process and understand language. He is also interested in predicting language-related outcomes in survivors of stroke. "Working with ABC has allowed me to expand my research interests, and let me be a part of a knowledgeable, supportive team."

Makayla is an
Experimental Psychology
PhD student at the
University of South
Carolina and works in
parallel with our research
on aphasia and the aging
brain. She is interested
in the role of the
cerebellum and white
matter hyperintensities
found in the brain as an
indicator or recovery
from stroke and agerelated decline.

Sarah Wilson is a MA/PhD student in Linguistics, with a concentration in Psycholinguistics. She received her Bachelor's in Linguistics from the University of Tennessee, Knoxville, and is completing her Master's at UofSC this fall. Her research focuses on lexical and syntactic processing, language and memory, and the neural basis of language.



### **RESEARCH OPPORTUNITY!**

The Desai Lab at USC is recruiting adults over 50 years old: for a fully virtual study of cognition. Participants will be paid \$40, it will last 1-2 hours, and it can be done in the comfort of your own home on a laptop or tablet. Please contact Nick Riccardi at riccardn@email.sc.edu if you are interested in learning more.

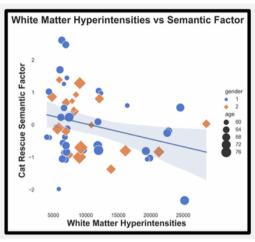


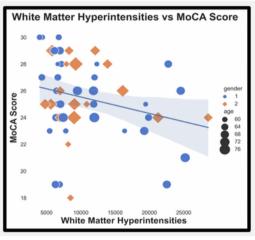


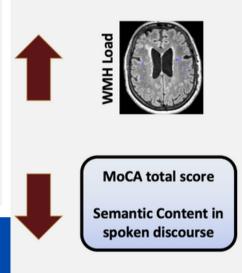
## **Research Updates**

Our ABC team will be presenting preliminary results at an upcoming virtual conference (Society of Neurobiology of Language) in October. We have highlighted some of our key research below.

## Leukoaraiosis and language later in life







**Leukoaraiosis** is a common finding on MRIs like those collected as a part of the ABC study. They show up as areas of increased brightness. Increased leukoaraiosis has been reported in dementia, cognitive decline, stroke, and aging.

Research has shown that the presence and extent of these 'white matter hyperintensities' (WMH) in the MRI are important for predicting clinical outcome, in terms of cognitive and functional impairment.

### **KEY FINDINGS:**

Our preliminary data provides evidence that WMHs may predict language-related changes in normal aging and age-related mild cognitive impairment.

## Personal discourse as an index for mental health and neurological impact of COVID-19



Using data we collected in our study on the neurological impact of COVID-19 on brain health, we used our participants' personal COVID-19 stories to predict the neurological and mental health effects of COVID-19.

Each word was classified as positive or negative, as well as into 7 categories of emotion. The % of negative words contained in the stories was related to higher anxiety, depression, sleep disturbance, and PTSD severity. More negative content in the COVID stories was also related to worse performance on cognition (e.g. MoCA performance) and language (word-finding).

To find out more information on SNL, please check out their website at <a href="https://www.neurolang.org/">https://www.neurolang.org/</a>

**SNL 2021 Virtual Edition** 

13th Annual Meeting of the Society for the Neurobiology of Language

## **UofSC Research Opportunities**





## Does your 2nd grader... struggle to read, forget new words, need things repeated to them?

The SCROLL Lab is seeking participants for their research study, Project WORD. The study is examining word learning abilities in 2nd grade students who are demonstrating difficulty with reading and/or language skills.

If you are interested in receiving more information about this research opportunity, please contact the SCROLL Lab directly at: scroll@mailbox.sc.edu

https://sites.google.com/site/scrolllab/



## Study on The Neural Basis of Vocal Sensorimotor Impairment in Aphasia



## Are you a healthy adult between the ages of 21-80 years?

You can help us learn more about speech after stroke by participating in our EEG and behavioral study at UofSC located upstairs from the ABC testing suite.

The Speech Neuroscience Lab at the University of South Carolina is looking for individuals with no history of neurological, speech-language, or hearing disorders to participate in a research study to help us learn about the brain mechanisms supporting speech production and their impairment following a stroke.

If you would like to learn more please contact:

Kimaya Sarmukadam, PhD UofSC Speech Neuroscience 803-777-9872

Email: BrainLab@mailbox.sc.edu





### Are you age 60 or older? Can you walk without other people's assistance? If this is you, please join our Aging Gracefully Study!

### Requirements

- . Wear an activity monitor and answer surveys on a smartphone for a total of 14 days
- Meet with research staff 3 times on campus
- Complete online surveys for 3 times
- Able to walk for 30 mins at a time without other's assistance (using a walker is fine).



### Length of Study Across 6 weeks

### Compensation and benefits

- · Monetary compensation
- · Feedback on your daily activity levels

### Interested in participating?

- Please Call: (803) 777-1088 Or email: uofscslowwalk@gmail.com
- A staff will contact you and screen for your eligibility to participate



Arnold School for Public Health

### Do you like to read?

### Do you enjoy discussing books with others?

If so, the Intergenerational Book Club Study may be for you! We want to find out if a book club helps people of different ages connect with each other, feel comfortable using computers and the internet, and enjoy life!

#### Requirements:

- Age 60 or older OR be a junior, senior, or graduate student at
- Participate in weekly book club
   The Lourie Center meetings
- Answer brief surveys and questions
- Have a COVID vaccine

### **Duration:**

2 to 10 weeks for 1 hour Location:

- · Close-Hipp at the University of South Carolina



If you want to find out more, please call or email us: